



Sathya Sai International Organization Region 10 - USA

2014 SSE CAMP INFORMATION & PARENT INSTRUCTIONS

"The Attitude of Gratitude"

As with the 2012 retreat, this year too the SSE children will enjoy SSE activities, within the same facilities as the overall retreat, at Camp Arrowhead.

SSE Camp Objective - The camp's objective is to develop the *"Attitude of Gratitude"* all within an atmosphere of fun, games, musical bits and age-appropriate spiritual introspection. Sessions will focus on Gratitude to God, Self, Family and Community, via activities conducted by experienced SSE teachers and Young Adults.

- Theme : Attitude of Gratitude
- Sessions : Self Confidence, Gratitude to Family and Community ,Nature Walk, Outdoor family time and service activities
- Format : Workshop style
- Duration: Saturday morning, through Sunday mid-morning
- SSE Sessions with Guest Speakers: Dr. Hari Conjeevaram and Dr. Soumya Panchanathan

Camp Stay (For children 10 & above)

Upon approval from their parents, children aged 10+ (only) will stay overnight in SSE-specific cabins. These cabins will be gender-separated, designated by age-groups and will have an adult supervisors at all times. Parents can meet their children at any time during the SSE activities. However, in order to make the most out of this unique experience, we request parents to allow their children as much independence during the camp as possible.

Children Staying with Parents

All children below 10 years of age will be accommodated ONLY in parents' cabins. Also children who are not approved to stay in SSE cabins will stay in parents' cabins too.

Instructions for Parents

1. At least one parent need to accompany their child(ren) .Please reach out to your respective center SSE coordinators for exceptions.
2. Boys/Girls, aged 10 and above will stay separately at specific SSE dorms upon approval from Parents.
3. If your child is staying in SSE dorms, please pack their bags separately.
4. Bedding: 1 Sheet , blanket and a pillow



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5. Dress Code for Boys and Girls: Comfortable, loose fitting clothes; Walking Shoes; avoid shorts, sleeveless
6. If you or your child has any food allergies, medical condition, mention in the registration form.
7. Please instruct them to follow the instructions given by SSE wardens/Camp instructors at all times for their safety.
8. Refer to SSE program schedule to know about your Child's activities.
9. Drop off your Child personally with the SSE wardens before you retire to your cabins. Ensure that your warden has your reachable phone number.
10. For children accommodated with the parents, drop them off with the teachers on Sat and Sun Mornings at dining area during breakfast time. Ensure that your teacher has your reachable phone number.
11. If you happen to arrive later than breakfast time, drop them off at the Chapel for SSE assembly.
Camp coordinators phone numbers will be posted at Key places inside the Main Hall.

Please reach out to reg10sse@gmail.com if you have any specific questions or concerns regarding SSE activities. Thank you for your understanding, support and cooperation!